

Essential Oil Blends & Massage Oils

With more than 300 oils offered Inovia has probably one of the most comprehensive ranges available enabling us to provide a wide range of synergistic blends selected for their therapeutic aromatherapy values.

Aromatherapy Blends

Aftersports Oil

Rosemary Oil
Camphor Oil
Eucalyptus Oil
Black Pepper Oil

Anti Stress Oil

Lavender Oil
Peppermint Oil
Fennel Oil
Chamomile Oil

Breathe Easy Oil

Eucalyptus Oil
Camphor Oil
Peppermint Oil

Citrus Oil

Lemon Oil
Grapefruit Oil
Mandarin Oil

Energising Oil

Lemon Oil
Lime Oil
Pine Oil
Spearmint Oil

Harmonising Oil

Rosewood Oil
Ylang Oil
Bergamot Oil
Clary Sage Oil

PMT Oil

Clary Sage Oil
Geranium Oil
Chamomile Oil

Refreshing Oil

Lemon Oil
Lime Oil
Rosemary Oil
Geranium Oil
Lavender Oil
Pine Oil

Relaxing Oil

Lavender Oil
Geranium Oil
Petitgrain Oil
Clary Sage Oil

Sensual Oil

Orange Oil
Patchouli Oil
Ylang Oil
Neroli Oil

Stimulating Oil

Rosemary Oil
Bergamot Oil
Lemon Oil
Juniperberry Oil

Stress Oil

Peppermint Oil
Geranium Oil
Palmarosa Oil
Spearmint Oil

Skin Therapeutic Blends

Mature Skin:

Carrot seed, Clary Sage, Cypress, Frankincense, Lavender, Rose, Rosewood & Sandalwood Oils.

Oily Skin:

Cedarwood, Geranium, Juniper Berry, Lemongrass. Lemon & Lime Oils.

Dry Skin:

Carrot seed, Cypress, Frankincense, Neroli, Palmarosa, Rose, Rosewood & Sandalwood Oils.

Problem Skin:

Clove Bud, Geranium, Lavender, Lemon, Peppermint & Tea Tree Oils.

Sensitive Skin:

Cedarwood, Chamomile, Cypress, Myrrh, Neroli, Palmarosa Patchouli, Rose & Rosewood.

Essential Oil Blends should be diluted typically at 1-3% in a carrier oil for general massage and 1% or less for facial or sensitive area massage.

Carrier Oils

Inovia hold stocks of more than 100 plant oils and butters, which can be used as carriers for massage oils & bath oils either singularly or blended to impart ideal massage properties, absorption and skin feel.

Recommended Blends for different skin types:

- Mature Skin:** Evening Primrose, Macadamia, Rosehip Seed & Sweet Almond Oils.
- Oily Skin:** Grapeseed, Hazelnut or Jojoba Oils
- Dry Skin:** Evening Primrose, Jojoba & Apricot Kernel, Rosehip seed or Sweet Almond Oils
- Sensitive Skin:** Apricot Kernel, Rosehip Seed or Sweet Almond Oils.

Some Carrier Oils and their applications:

- Apricot Kernel:** All skin types, prematurely aged, sensitive, inflamed, or dry
- Arnica:** Bruises, chilblains, may relieve rheumatic pain.
- Avocado:** Penetrates upper skin layers, dehydrated, eczema, solar keratosis
- Borage seed:** Psoriasis, eczema, prematurely aged, regenerating.
- Calendula:** Reduces swelling, wound healing, burns, acne, impetigo, eczema
- Castor:** Dissolves cysts, growths, warts, prevents scars, dry chapped hands
- Coconut:** For dry, itching, sensitive skin, tanning aid, wound healing
- Evening Primrose:** Psoriasis, eczema, wounds, premature aging
- Hazelnut:** Astringent toning, fast absorption, for oily acne skin types
- Jojoba:** Mimics sebum, psoriasis, eczema
- Kukui Nut:** Good penetration, soothes irritation, sunburn, lesions chapped skin
- Linseed:** Psoriasis, eczema, dry skin
- Macadamia:** Tones aged dry skin
- Olive:** Soothing, inflamed, acne, bruises, sprains, insect bites
- Rosehip:** Dry, scaly fissured skin, acne, psoriasis, pigmented skin and scars
- Sea Buckthorn:** Anti-wrinkle, skin softening, wound healing
- Walnut:** Sweet resinous scent, penetrating
- Wheatgerm:** Eczema, psoriasis premature aging, stretch-marks

To all these blends we can also include Vitamin E as an anti-oxidant, hydrating and nourishing component and functional botanical extracts as listed and shown in our brochure.

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